

# DORIS LAESSER STILLWATER

“OUT OF DARKEST NIGHT YOU LED ME INTO LIVING LIGHT” -A RETREAT PARTICIPANT

She has a Diploma in Psychology and Psychotherapy, Institute for Applied Psychology, IAP; and is a licensed Psychologist and psychotherapist in Zurich. Her extensive training includes C.G. Jung analytical counseling work, Gestalt therapy, Bodytherapy with the premier teachers of Europe- M. Brown, Ruth Cohn, Gerda Boyesen, David Boadella, Bjorn Blumenthal, Jay Stattman, and Jerome Lyss, Life Energy Therapy and Holotropic breathing with Stan Grof, Tibetan meditation practice, Shamanistic work with Michael Harner and others, the Ramana Maharshi Advaita approach, dark retreat, and silence. Married to artist/educator Michael Stillwater, she balances her time between Europe and America.



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